

## THRIVE Wandsworth – A Guide to Early Help

Early Help means being proactive by providing extra help and support to children (everyone aged 0-19yrs up to 25yrs SEND) and families, as soon as a problem comes to light. It can also prevent further problems from arising. In Wandsworth our early help is known as THRIVE Wandsworth, our approach to early intervention, practice and impact measurements is informed by evidence of what works in early help and early intervention. We believe that success starts with early help and it is our ambition that we get it right for every child the first time by focusing on the child's experience, the progress children make and responding quickly when problems emerge.

To achieve change for children, all partners work together to identify issues early and tackle them before they escalate. Building on the strengths of individuals and communities to develop new ways of thinking about and responding to difficulties we empower families to help themselves, be independent and THRIVE.

It is the aim of Early Help to allocate resources to reach more children and families who have multiple vulnerabilities. Locating services within the community will help to ensure support is Targeted, Holistic, Responsive, Innovative, Valued, and Evidenced as set out in the Early Help Strategy.



## Early Help Offer

Children are the future. We want all children and families regardless of their background, circumstances or start in life to feel they belong in Wandsworth and have the support they need to thrive and achieve their potential.

For some children, life can be more challenging, and their circumstances and family background have an impact on how well they achieve, how healthy they are, how secure they feel and how safe they are. We want to make a sustained difference to these children and in addition to continue to do the best for all children, so none get left behind.

*THRIVE Wandsworth* is a system of early help, which aims to:

- simplify the system of support
- position staff to intervene when problems present
- position staff to work flexibly using a range of interventions that have a strength-based methodology

*Nudge to THRIVE*: keeping in touch at key transitions and child level milestones.

THRIVE Wandsworth – a system of early help



*Activities to THRIVE:* pro social relationships, emotional regulation, positive risk taking, belonging and attachment, communication and language skills.

*Support to THRIVE:* family focussed, restorative, trauma informed, holistic, adaptive, and compassionate, purposeful and assertive. Practical solutions, creating confidence, modelling.

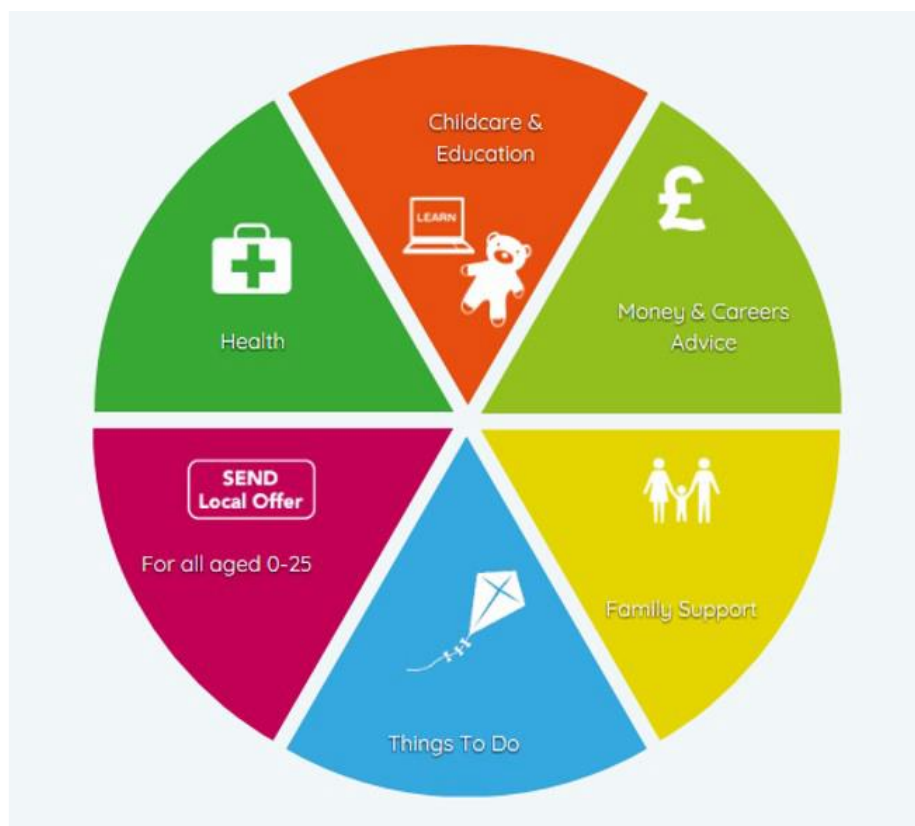


### *Wandsworth Wellbeing Wheel*

The wellbeing wheel is a tool used by Early Help practitioners to support families to improve their health and wellbeing. There are six key areas to consider which are:

- Childcare and Education
- Money and careers advice
- Family support
- Things to do
- SEND Local Offer
- Health

In each of these segments, there are a set of goals to select, which will help make positive changes. The wheel is also designed to help locate services and resources that might be useful. It will take about 20 minutes to create a plan.



### *Children's Centre Offer*

Wandsworth has a network of children's centres offering activities, help and support for children under 5 years old, and their families. Some of the services are open to all families whilst others are targeted groups. All children's centres aim to support the most vulnerable families.

### *Early Education and Childcare Places (EECP) for 2-Year-Olds in Wandsworth*

Families with children aged two years old, who meet the eligibility criteria, are entitled to a maximum of 15 hours per week of free early education for 38 weeks per year from the term after their child's second birthday. This will run until the child is eligible for the three-year-old nursery education funding which is the term after their third birthday.

### *30 Hours Extended Childcare Offer for 3 and 4-year olds*

All 3 and 4-year-old children are entitled to 15 hours of funded term time childcare. Some working parents will be able to claim an additional 15 hours of funded childcare.

### *SEND Offer*

Wandsworth's Local Offer for children with special educational needs and/or disabilities (SEND) consists of services, activities and providers that the council expects to be available locally for children (0-25years) who have SEND.

### *Youth Offer*

Wandsworth works with and provides information, advice and support to children and young people aged 8-19, and up to 25 if they have a disability. The youth offer provides a range of programmes and activities that will help keep children Safe from Harm and Abuse, enable them to reach their Full Potential, enjoy a Healthy Lifestyle, develop their Skills for Life, and keep them Happy and Active.

### *Support for parenting*

There are a variety of evidenced based parenting programmes across the borough.

### ***Overview of the Early Help Cluster Hubs***

Wandsworth Early Help services are delivered from three geographical cluster hubs, based in Battersea, Roehampton and Tooting. These are made up of multi-disciplinary teams, working with 0-19 years and 0-25 years with SEND. The THRIVE Wandsworth Early Help Offer includes: Nudge to THRIVE, Activities to THRIVE and Support to THRIVE.

The decision to work in clusters was agreed in July 2019 with the aim to bring services closer to families, with more services being delivered from different community settings:

- Early Help practitioners will work with the whole family
- The lead professional will develop a single plan with families and relevant professionals to address their individual and collective needs. The progress of the plan will be reviewed and updated during Team around the Family meetings

The five separate age and service specific teams within the Cluster Hubs are:

- Early Years and Intervention support,
- Youth Services and Targeted Youth,
- Groupwork and Parenting Services,
- Family Support
- Children's Centres